









Mental Health Month

SCAVENGER HUNT

Tag #mhafauquier on social media or send us a copy of your completed page for an entry into our self-care basket raffle.

<p>WHEN YOU FIND ANY OF THE BUTTERFLIES AROUND TOWN, TAKE A PHOTO AND POST IT, TAGGING #MHFAUQUIER</p>	<p>DRAW A BUTTERFLY WITH CHALK AT THE WARRENTON FARMERS MARKET</p>	<p>MEET AT THE GREENWAY FOR WELLNESS WALKS</p>  <p>WEDNESDAYS AT 12 PM</p>	<p>SCAN THE CODE ON THE BUTTERFLY CARD & READ THROUGH RESOURCES & ACTIVITIES</p>	<p>FIND THE PINK MARMOTA BUTTERFLY EARRINGS AT WARRENTON MARKET</p>
<p>COME TO KIDS STORYTIME AT THE OPEN BOOK</p>  <p>FRIDAY, MAY 17 AT 11 AM</p>	<p>FIND THE COMMUNITY COLORING WALL AND ADD TO IT</p>	<p>POP INTO STUDIO LUXE BOUTIQUE AND ADD TO THE BUTTERFLY POSTER</p>	<p>MAKE A NEW FRIEND AT SILVER BRANCH BREWING'S RECLAIM YOUR WINGS SOCIAL</p>  <p>MAY 29 AT 6 PM</p>	 <p>COLLECT ONE OF OUR HIDDEN BUTTERFLY CHARMS</p>
<p>VISIT GREAT HARVEST BREAD CO AND SAMPLE OF ONE OF THEIR FRESHLY BAKED PASTRIES</p>	<p>VISIT HISTORY UNBOXED TO MAKE BLUE ORIGAMI BUTTERFLIES</p>	<p>READ THROUGH OUR SUGGESTED RESOURCES AND ACTIVITIES</p> 	<p>PICK UP A BUTTERFLY COLORING PAGE FROM AN OLD TOWN SHOP</p>	<p>FIND THE BUTTERFLIES OUTSIDE OF THE TOWN DUCK</p>
<p>TRY SILVER BRANCH BREWING'S SPECIAL THEMED DESSERT OF THE MONTH</p>	<p>LOOK THROUGH OUR RESOURCE LIBRARY</p> 	<p>BUY A BUTTERFLY COOKIE FOR A FRIEND FROM HAUTE CAKES PASTRY SHOP</p>	<p>SIGN UP FOR A MENTAL HEALTH FIRST AID CLASS.</p> 	<p>ADD YOUR OWN WORDS TO THE WARRENTON CENTRAL BRANCH LIBRARY'S TRIFOLD DISPLAY</p>
<p>VISIT ERIN'S ELDERBERRIES FOR KIDS STORYTIME</p>  <p>TUESDAY MAY 14 AT 10:30 AM</p>	<p>PERUSE THE MENTAL HEALTH RESOURCES AT EARTH, GLAZE & FIRE</p>	<p>POP INTO PAINTED FOX FOR A BLUE BUTTERFLY TATTOO ON WALK IN WEDNESDAYS FROM 11AM-5PM</p>	<p>TAKE A PHOTO IN FRONT OF DEJA VU ANEW'S DENIM WINGS WINDOW DISPLAY</p>	<p>VISIT TAYLOR BOYD STUDIOS AND ADMIRE HER EXCLUSIVE BUTTERFLY PRINT</p>

Mental Health Association of Fauquier County



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