

UPDATED  
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Mental Health Association of Fauquier County

Promoting and facilitating mental wellness in Fauquier and Rappahannock counties.



# PSYCHOLOGICAL, EDUCATIONAL AND DEVELOPMENTAL TESTING

The Mental Health Association of Fauquier County provides general information about providers and resources as a service to the community. These listings are not a recommendation, referral, or endorsement of any therapy or provider.

Are we missing a listing?  
Contact us at (540) 341-8732 or email [ccraddock@mhafcl.org](mailto:ccraddock@mhafcl.org)

Find more Resource Guides here:  
[fauquier-mha.org/resources-to-download/](http://fauquier-mha.org/resources-to-download/)

### **Ashburn Psychological and Psychiatric Services**

[ashburnpsych.com](http://ashburnpsych.com)

**Services:** Psychoeducational testing, therapy, and medication management

**Insurance:** Self-pay

**Serves:** Children, Adolescents, Adults, Families

**Phone:** 703-723-2999

**Location:** Ashburn

### **Blackbird Health**

[blackbirdhealth.com](http://blackbirdhealth.com)

**Services:** Virtual and in-person therapy specializing in treating mood disorders, speech and language and cognitive disorders, depression, anxiety, and social, developmental, and school-related challenges.

Specializes in early childhood development, including ASD (autism spectrum disorder) or autism evaluations. Extensive training in behavioral disorders such as ADHD, and can help differentiate ASD from other conditions. Also offers medication management.

**Insurance:** Aetna, Anthem, Blue Cross + Blue Shield, CareFirst, Cigna, Medicaid, Optum, United Healthcare. \*Medicaid expected in second half of 2024.

**Serves:** Children and young adults ages 2 to 26

**Phone:** 703-239-3470

**Location:** Virtual and Vienna

### **Child & Family Counseling Group**

[childandfamilycounseling.com/neuropsychological-evaluations/](http://childandfamilycounseling.com/neuropsychological-evaluations/)

**Services:** Medication management, therapy, neuropsych testing.

**Insurance:** Self-pay

**Serves:** Children, Adolescents, Families

**Phone:** 703-352-3822

**Location:** Fairfax

### **Ekdome Neuropsychology Group**

[ekdomneuropsychology.com/](http://ekdomneuropsychology.com/)

**Services:** Comprehensive and individualized neuropsychological assessment and treatment services.

**Insurance:** Accepts Medicare, self-pay

**Serves:** Children, Adults

**Phone:** 703-573-3573

**Location:** Fairfax

### **In Luck Counseling**

[inluckcounselingllc.com/testing-and-evaluation](http://inluckcounselingllc.com/testing-and-evaluation)

**Services:** Psychoeducational testing and therapy

**Insurance:** Self-pay

**Serves:** Children 6+, Adolescents, Adults

**Phone:** 703-997-6641

**Location:** Warrenton, Fairfax, Virtual

### **Inova Behavioral Health Services – Inova Kellar Center**

[inova.org/our-services/inova-kellar-center/programs-services/psychological](http://inova.org/our-services/inova-kellar-center/programs-services/psychological)

**Services:** Psychological and educational testing

**Insurance:** Aetna, Anthem BC/BS, Cigna, Kaiser, Optima, Tricare/Humana, United Healthcare, Medicaid, Medicare

**Serves:** Children, Adolescents

**Phone:** 703-218-8483

**Location:** Falls Church

### **Mindful One Therapy**

[mindfulonetherapy.com](http://mindfulonetherapy.com)

**Services:** Neuropsychological testing, psychological, and psychoeducational testing.

**Insurance:** Medicare, United Healthcare, Anthem, Cigna, Aetna, Carefirst, Blue Cross Blue Shield

**Serves:** Children, Adolescents, Adults, Older Adults

**Phone:** 571-206-1606

**Location:** Fairfax

### **Mindwell Psychology**

[mindwell.us](http://mindwell.us)

**Services:** Neuropsychological testing, CBT, psychology services, and developmental testing

**Insurance:** Self-pay

**Serves:** Children, Adolescents, Adults

**Phone:** 703-378-7998

**Location:** Chantilly

### **MyPsychiatrist, PLC**

[mypsych.com](http://mypsych.com)

**Services:** Medication management, therapy, and testing.

**Insurance:** Carefirst, Anthem Blue Cross Blue Shield, Cigna, United Healthcare, Medicare, Aetna, Innovation Health

**Serves:** Children, Adolescents, Adults

**Phone:** 571-946-2189

**Location:** Reston, Falls Church

## **Nisco Psychological Services**

[novapsychological.com](http://novapsychological.com)

**Services:** Psychoeducational testing.

**Insurance:** Aetna and Aetna Innovation Health, Anthem and Anthem Healthkeepers, Blue Choice, Care First, and related subsidiaries, Blue Cross Blue Shield, Cigna, United Health Care/Optum Health

**Serves:** Children, Adolescents, Adults

**Phone:** 703-727-9729

**Location:** Sterling

## **Open Mind Psych (Jami Temple, PsyD)**

[openmindpsych.com](http://openmindpsych.com)

**Services:** Psychological, psychoeducational, and developmental evaluations.

**Insurance:** Cigna, Aetna, Anthem Blue Cross and Blue Shield, Carefirst PPO and POS plans, and Medicaid:

Aetna BetterHealth and United Healthcare

**Serves:** Individuals ages 3 and up

**Phone:** 571-833-1300

**Location:** Manassas

## **Prince William Family Counseling**

[woodbridgetherapygroup.com](http://woodbridgetherapygroup.com)

**Services:** Psychological assessments

**Insurance:** Aetna, Anthem Blue Cross Blue Shield, Blue Cross + Blue Shield, CareFirst, Cigna, Medicare, Optima, TRICARE, United Healthcare. Veterans Administration, Palmetto GBA, GEHA, UMR

**Serves:** Children, Adolescents, Adults, Seniors

**Phone:** 703-330-9933

**Location(s):** Manassas

## **Professional Psychological Services**

[professionalpsych.com](http://professionalpsych.com)

**Services:** Obese children and teens, forensic psychology, psychological testing, EMDR.

**Insurance:** Aetna, Anthem Blue Cross Blue Shield, CareFirst, Cigna

**Serves:** Children, Adolescents, Adults

**Phone:** 703-879-2482

**Location:** Reston

## **Resilience Counseling and Social Skills Center**

<https://www.resiliencecounseling.care/>

**Services:** Provides individual, group, family, and couples counseling; psychological, educational, and Autism-specific testing and assessment (at Fredericksburg location); psychiatric and medication management services (in-person and virtual). Treats trauma, PTSD, ADHD, depression, bipolar disorder, perinatal mood and anxiety disorders, OCD, and more. In-office comprehensive psychological evaluations at Fredericksburg location.

**Insurance:** Aetna, Anthem, BC/BS, Carefirst, Cigna, Healthkeepers Plus, Medicaid, MEDICARE, Optima, Optum, United Healthcare, VA Premier (for psychiatric services only)

**Serves:** Children 3+, Teens, Adults

**Phone:** 540-699-0226

**Location:** Stafford and Fredericksburg

## **Reston Precision Neuropsychology**

[neuroreston.com](http://neuroreston.com)

**Services:** Neuropsychological and educational testing, and psychotherapy services.

**Insurance:** Cigna, Anthem BCBS, BCBS Federal Program, Carefirst BCBS, Optum United HealthCare, TriCare, and Medicare

**Serves:** Individuals ages 6 and up.

**Phone:** 703-715-7130

**Location:** Herndon

## **Vienna Behavioral Health**

[viennabh.com](http://viennabh.com)

**Services:** Medication evaluation and maintenance, genetic testing for psychiatric medications, psychotherapy, group therapy, CBT, and psychological testing. Specialties include disorders related to anxiety, mood-, stress, attention and concentration, PTSD, insomnia, schizophrenia, grief, relationships, and ADD/ADHD. Does NOT do psychoeducational testing.

**Insurance:** Aetna, Anthem, Blue Cross + Blue Shield, CareFirst, Cigna, Optima, Optum, United Healthcare.

**Serves:** Children, Adolescents, Adults

**Phone:** 703-865-0003

**Location:** Chantilly, Virtual