

UPDATED
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Mental Health Association of Fauquier County

Promoting and facilitating mental wellness in Fauquier and Rappahannock counties.



PSYCHIATRY

THE BRANCH OF MEDICINE
CONCERNED WITH THE STUDY,
DIAGNOSIS, AND TREATMENT OF
MENTAL ILLNESS.

The Mental Health Association of Fauquier County provides general information about providers and resources as a service to the community. These listings are not a recommendation, referral, or endorsement of any therapy or provider.

Are we missing a listing?

Contact us at (540) 341-8732 or email ccraddock@mhafcl.org

Find more Resource Guides here:

fauquier-mha.org/resources-to-download/

Altahir Behavioral Health
altahirbehavioralhealth.net

Services: Provides counseling, comprehensive psychiatric evaluations, psychopharmacological assessment, medication management, and treatment for mood disorders, academic difficulties including ADHD, anxiety, depression, Autism, PTSD, eating disorders, and more.

Insurance: Aetna, Anthem BC/BS, Anthem HealthKeepers Plus, BC/BS, Care first, Cigna, Intotal Health, Medicaid, Magellan, Tricare, Value Options, Virginia Premier, United Health care

Serves: Children, Adolescents, Adults

Phone: 703-373-7338

Location: Stafford

Apple Psychiatric Services, LLC
applepsychiatricservices.com

Services: A hybrid psychiatric mental health service specializing in the treatment of depression, anxiety, bipolar illness, PTSD and addiction.

Insurance: Cigna and Out of Network

Serves: Adolescents, Adults

Phone: 703-554-5455

Location: Virtual and Warrenton

Ashburn Psychological & Psychiatric Services
ashburnpsych.com

Services: Offers a wide array of diagnostic, psychotherapy, medication and consultation services treating anxiety, depression, ADHD, separation and divorce, Autism and Asperger's, and substance use.

Insurance: Self-pay

Serves: Children, Adolescents, Adults, Families

Phone: 703-723-2999

Location: Ashburn

Blackbird Health
blackbirdhealth.com

Services: Virtual and in-person therapy specializing in treating mood disorders, speech and language and cognitive disorders, depression, anxiety, and social, developmental, and school-related challenges.

Specializes in early childhood development, including ASD (autism spectrum disorder) or autism evaluations. Extensive training in behavioral disorders such as ADHD, and can help differentiate ASD from other conditions. Also offers medication management.

Insurance: Aetna, Anthem, Blue Cross + Blue Shield, CareFirst, Cigna, Medicaid, Optum, United Healthcare. *Medicaid expected in second half of 2024

Serves: Children and young adults ages 2 to 26

Phone: 703-239-3470

Location: Virtual and Vienna

Bloom Health Centers
bloomhealthcenters.com/

Services: Virtual and in-person therapy, psychiatry, evaluation and testing, treatment for medication-resistant depression, and medication management.

Insurance: Magellan, United Healthcare, Optum, Cigna, Anthem, Carefirst, Aetna, BC/BS, MEDICARE, Tricare, Kaiser, Humana

Phone: 667-228-6939

Location: Arlington, Leesburg, Winchester, Charlottesville, Telehealth

Catherine McCarthy, M.D.
catherinemccarthymd.com

Services: Specializes in the areas of ADHD, anxiety, and developmental disorders, including generalized anxiety, obsessive-compulsive disorder, social anxiety, panic, and overarching self-esteem issues. Medication management and CBT.

Insurance: Self-pay

Serves: Children, Adolescents, Adults

Phone: 703-288-3535

Location: McLean

Child & Family Counseling Center
cfcc.info

Services: Offers individual, family, and couples therapy, psychiatric evaluation and medication management, psychological testing--intelligence, personality, and educational, Cognitive Behavioral Therapy, substance abuse/addictions assessment and treatment.

Insurance: Anthem Blue Cross/Blue Shield (Federal, Virginia, and Healthkeepers programs), and CIGNA.

Serves: Children, Teens, Adults

Phone: 703-670-5738

Location: Woodbridge

Child & Family Counseling Group
childandfamilycounseling.com

Services: Offers behavior therapy, cogmed working memory training, difficulty focusing, group therapy, mental health therapy, neuropsychological testing, play therapy, psychiatric evaluations, and psychotherapy appointments.

Insurance: Self-pay and Out of Network

Serves: Children, Adolescents, Adults, Families

Phone: 703-352-3822

Location: Fairfax

Conquest Health

conquesthealth.org/

Services: Comprehensive psychiatric evaluations, medication management, and treatment for substance use disorders.

Insurance: Aetna, CareFirst, Cigna and United

Serves: Children, Adolescents, Adults, Families

Phone: 571-556-8205

Location: Haymarket

Health Connect America

healthconnectamerica.com/locations/hca-orange-va/

Services: ABA, family centered treatment, intensive in-home, mental health skill building, mentoring, outpatient mental health, peer support, psychiatric clinical, substance use disorder, therapeutic foster care, and therapeutic relief.

Insurance: Sliding scale

Serves: Children, Adolescents, Families

Phone: 540-317-1404

Location: Orange, Charlottesville

Dominion Center for Behavioral Health Services

dc4bhs.com

Services: Offers therapy, medication management, psychological testing, neuropsychological testing, parent coaching, bariatric surgery evaluation, play therapy, and group therapy.

Insurance: Aetna/Innovation Health, Anthem/Blue Cross Blue Shield (local and other states), BCBS FEP, Carefirst BCBS, Cigna, Magellan, Tricare, United Health Care/Behavioral Health/Optum (Medicare and Medicaid not accepted)

Serves: Children and Adults

Phone: 703- 659-4409

Location: South Riding, Winchester

Lasting Serenity Telepsychiatry

lastingserenitytelepsychiatry.com

Services: Psychiatric evaluation and medication management services.

Insurance: BlueCross and BlueShield, CareFirst, Cigna, Medicare, UnitedHealthcare UHC | UBH, Anthem, Aetna

Serves: Children, Adolescents, Adults

Phone: 571-308-8243

Location: Manassas

Fauquier Free Clinic

fauquierfreeclinic.org

Services: Offers counseling, tele-psychiatry, and medication management. Bilingual services available.

Insurance: Medicaid, free for uninsured if qualified

Serves: Adults 18+

Phone: 540-347-0394

Location: Warrenton

MyPsychiatrist, PLC

mypsych.com

Services: Medication management, therapy, and testing.

Insurance: BC/BS, Cigna, Medicare, United Healthcare, Aetna, Innovation Health. (Medicaid NOT accepted).

Serves: Children, Adolescents, Adults

Phone: 571-946-2189

Location: Reston, Falls Church

Gregory Law, MD

gregorylawmd.com

Services: Offers cognitive behavioral therapy and medication management for ADHD, Asperger's Syndrome, depression, spirituality, anxiety, and mood disorders.

Insurance: Self-pay

Serves: Children, Preteens, Adolescents, Adults

Phone: 703-436-9941

Location: Ashburn

NeuroPsych Wellness Center

neuropsych4u.com

Services: Medication management, counseling and psychotherapy, and psychological, neuropsychological, and psychoeducational testing. Specialties include anxiety, mood disorders, ADD/ADHD, postpartum anxiety, Autism and Aspergers, trauma, psychotic disorders, and sleep disorders.

Insurance: Medicare, Anthem, Carefirst PPO, Carefirst HMO, United Behavioral Health, Cigna, Aetna, Humana Tricare Military, and Optima.

Serves: Children, Adolescents

Phone: 703-865-8686

Location: Fairfax, Virtual

Piedmont Behavioral Services

piedmontbs.com

Services: Diagnostic testing, evaluation, and psychiatric treatment of substance use, anxiety, ADHD, mood disorders, PTSD, OCD, and dementia.

Insurance: Cigna, BC/BS, Tricare, Veterans Choice, ChampVA, UnitedHealthcare, Medicare and Medicaid.

Serves: Children, Adolescents, Adults

Phone: 919-297-2930

Location: Lansdowne, Virtual

Potomac Psychological Center

potomacpsychologicalcenter.com

Services: Medication management, psychological evaluations and testing, and individual, family, couples, and group therapy. Specialties include depression, anxiety, trauma/abuse, eating disorder, developmental disorders, substance use, anger management, and more.

Insurance: Anthem Blue Cross Blue Shield, Aetna, Carefirst, Cigna, Cigna Behavioral Health, United Behavioral Health, United Healthcare (Medicaid and Medicare NOT accepted).

Serves: Children, Adolescents, Adults

Phone: 703-858-7838

Location: Ashburn

Tyson's Psychiatry

tysonspychiatryonline.com

Services: Medication management, individual psychotherapy, couples counseling, group therapy, and transcranial magnetic stimulation.

Insurance: Accepts most major private insurances, Call to verify.

Serves: Children, Adolescents, Adults

Phone: 703-782-4588

Location: McLean

UVA Behavioral Health

Child and Family Psychiatry Clinic, Behavioral Medicine Center, Family Stress Clinic, and Psychiatric Medicine

uvahealth.com/services/mental-health

Services: Medication management, neuropsychological testing, behavioral management, and psychotherapy. Specializes in anxiety disorders, OCD, depression, bipolar disorder, as well as divorce and school problems, aggression, ADHD, eating disorders, and Autism.

Insurance: Aetna, Anthem, Blue Cross Blue Shield, Sentara, Optum, Medicaid, Medicare, Carefirst, United Healthcare

Serves: Children, Adolescents, Adults

Phone: 703-369-8565

Location: Charlottesville, Virtual

Vienna Behavioral Health

viennabh.com

Services: Medication evaluation and maintenance, genetic testing for psychiatric medications, psychotherapy, group therapy, CBT, and psychological testing. Specialties include disorders related to anxiety, mood-, stress, attention and concentration, PTSD, insomnia, schizophrenia, grief, relationships, and ADD/ADHD. Does NOT do psychoeducational testing.

Insurance: Aetna, Anthem, Blue Cross Blue Shield, Optum, Carefirst, Cigna, Optima, United Healthcare

Serves: Children, Adolescents, Adults

Phone: 703-865-0003

Location: Chantilly, Virtual