

UPDATED
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Mental Health Association of Fauquier County
Promoting and facilitating mental wellness in Fauquier and Rappahannock counties.

An affiliate of
MHA
Mental Health America

AUTISM TESTING AND TREATMENT

The Mental Health Association of Fauquier County provides general information about providers and resources as a service to the community. These listings are not a recommendation, referral, or endorsement of any therapy or provider.

Are we missing a listing?

Contact us at (540) 341-8732 or email ccraddock@mhafc1.org

Find more Resource Guides here:
fauquier-mha.org/resources-to-download/



Diagnosis

Ashburn Psychological and Psychiatric Services

ashburnpsych.com/

Services: Diagnostic, psychotherapy, medication, and consultation services

Insurance: Self-pay

Serves: Children, Adolescents, Adults, Families

Phone: 703-723-2999

Location: Ashburn

Blackbird Health

blackbirdhealth.com

Services: Treats depression, anxiety, ADHD, medication management, autism, and social, developmental, and school-related challenges. Specializes in early childhood development, including ASD (autism spectrum disorder) or autism evaluations. They also have extensive training in behavioral disorders such as ADHD, and can help differentiate ASD from other conditions.

Insurance: Aetna, Anthem, Blue Cross/Blue Shield, CareFirst, Cigna, United Healthcare, Optum.

(Medicaid coverage expected 2nd half of 2024.)

Serves: Children and young adults ages 2 to 26

Phone: 703-239-3470

Location: Vienna

Children's National DC

childrensnational.org/get-care/departments/autism-evaluation-and-support-services

Services: Development and implementation of IEP, treatment and support services, individual therapy, family therapy, group therapy, brief consultations, and psychiatric services.

Insurance: Anthem HK Plus through VA otherwise only MD Medicaid products. Aetna, CareFirst, Blue Cross/Blue Shield, Anthem, Optima, Optum, United Healthcare.

Serves: Children, Adolescents

Phone: 301-765-5430

Location: Washington, DC

Compass Counseling

compassva.com/location/culpeper/

Services: Comprehensive home and clinic-based ABA, neuropsychological testing and parent supports.

Insurance: Medicaid plans including: Virginia Medicaid Plans, Aetna Better Health of VA, Anthem HealthKeepers Plus, Molina Complete Care, Optima Health, UHC Community Plan, Virginia Premier, VA Medicaid (no MCO), Self-Pay, CSA funding. Private play plans: Anthem, Aetna, Optima.

Serves: Youth, Adults, Families

Phone: 434-220-0089 (option 2)

Location: Diagnostics through Charlottesville office only.

Counseling and Assessment Practice of Fairfax

capfairfax.com/

Services: Psychoeducational testing, counseling, and consultation for school interventions.

Insurance: Self-pay but can submit to insurance.

Serves: Children, Adolescents, Young Adults, Families

Phone: 571-354-0844

Location: Fairfax

Dower & Associates

dowerandassociates.com/

Services: Assessment and treatment using ABA and the clinical application of procedures for language acquisition, based on B.F. Skinner's natural science approach to teaching verbal behavior.

Insurance: Self-pay

Serves: Children, Adolescents, Adults

Phone: 703-618-6180

Location: Aldie

Ekdome Neuropsychology Group

ekdomneuropsychology.com/

Services: Comprehensive and individualized neuropsychological assessment and treatment services.

Insurance: Accepts Medicare, self-pay

Serves: Children, Adults

Phone: 703-573-3573

Location: Fairfax

Georgetown Autism and Communications Disorder Clinic
medstarhealth.org/services/autism-and-communications-disorder-clinic

Services: Comprehensive evaluation, testing, and diagnostics.

Insurance: No MD or VA Medicaid. No Cigna. Participates with Anthem, Blue Cross/Blue Shield, Aetna, Optima, United Healthcare, Carefirst.

Serves: Children (0 to 6 years old)

Phone: 202-444-2722 or 202-944-5400 (option 2)

Location: Washington, DC

Inova Kellar Center

inova.org/our-services/inova-kellar-center/programs-services/psychological

Services: Comprehensive testing and evaluation.

Insurance: Aetna, Anthem Blue Cross Blue Shield, Cigna, Kaiser Permanente, Optum, Medicare, Medicaid, Tricare/Humana Military, United Healthcare

Serves: Children and Adolescents

Phone: 703-218-8500 (option 5)

Location: Fairfax

Prince William Family Counseling

woodbridgetherapygroup.com/

Services: Psychological evaluation and testing; individual, group, and family therapy.

Insurance: Anthem Blue Cross Blue Shield, Aetna, Carefirst, Blue Cross Blue Shield, Cigna, United Health Care, Tricare, Veterans Administration, Medicare, Palmetto GBA, GEHA, UMR, EAP Accepted: (Must be Electronic), United Healthcare, Anthem Blue Cross Blue Shield, Optima

Serves: Children, Adolescents, Adults

Phone: 703-330-9933

Location: Manassas

Purple Willow Behavioral Health
purplewillowbehavioralhealth.com/

Services: ABA therapy, in-home therapy, behavior therapy and intervention plans, social groups, caregiver coaching, and school consults.

Insurance: Aetna, Anthem Blue Cross Blue Shield, CareFirst BlueCross BlueShield, Cigna, Virginia Medicaid

Serves: Children and Families

Phone: 703-623-5471

Location: Fauquier, Loudoun, Prince William, and Fairfax counties

Resilience Counseling and Social Skills Center

<https://www.resiliencecounseling.care/>

Services: Counseling, psychotherapy, psychological testing, psychiatry and mental health services, and comprehensive Autism specific evaluations.

Insurance: Aetna, Anthem, BC/BS, Carefirst, Cigna, Healthkeepers Plus, Medicaid, MEDICARE, Optima, Optum, United Healthcare, VA Premier

Serves: Children, Teens, Adults

Phone: 540-699-0226

Location: Stafford and Fredericksburg

Sheila C. Johnson Center for Clinical Services

education.virginia.edu/research-initiatives/sheila-c-johnson-center-clinical-services/autism-spectrum-services

Services: Diagnostic evaluations, group social skills training, and individual and family therapy for challenges associated with autism, such as difficulty with behavior, social skills, organization and planning, self-care, or co-occurring mental health issues like anxiety or depression.

Insurance: Aetna, Aetna Better Health, Anthem, Anthem Health Keepers, Medicare, limited Medicaid plans, Optima Health, and Tricare

Serves: Children and Teens (age 18 mos through 18 years)

Phone: 434-924-7034

Location: Charlottesville

Treatment

ABC Behavior

abcbehavior.org/

Services: ABA therapy in-home, clinic, social groups, and community outings

Insurance: All forms of Medicaid including: Humana Military, Aetna Better Health of VA, Anthem HealthKeepers, Magellan Complete Care of Virginia, Magellan of Virginia, Optima Health, Virginia Premier, United Healthcare. Private insurance is self pay only.

Serves: Youth ages 1 to 21

Phone: 571-212-6627

Location: Warrenton, Fairfax

Ashburn Psychological and Psychiatric Services

ashburnpsych.com/

Services: Diagnostic, psychotherapy, medication, and consultation services

Insurance: Self-pay

Serves: Children, Adolescents, Adults, Families

Phone: 703-723-2999

Location: Ashburn

Autism Outreach, Inc.

autismoutreach.org/

Services: ABA assessment and therapy, VB therapy, social skills groups and programs

Insurance: Aetna Commercial and Private Plans, Anthem health Plans of Virginia DBA Anthem Blue Cross and Blue Shield, CareFirst Blue Cross and Blue Shield, CareFirst Blue Choice, and Cigna Commercial and Private Plans

Serves: Children

Phone: 703-689-0019

Location: Sterling

Behavioral Therapy Solutions

behavioraltherapysolutionsllc.com/

Services: ABA therapy with trauma-informed practices, in-home private or community-based therapy, parent/caregiver trainings, and special education accommodation consults.

Insurance: Virginia Medicaid, Anthem, Anthem Medicaid, United Healthcare, United Healthcare/Optum Medicaid, Carefirst, Tricare, Blue Cross/Blue Shield, sliding scale.

Serves: Children, Adults, Families

Phone: 703-215-4404

Location: Fauquier and surrounding counties in home services.

The Behavior Doc

thebehaviordocaba.com

Services: Assessments, ABA therapy, therapy, and caregiver training

Insurance: Aetna, Anthem, Cigna, Magellan, Optum, Tricare, VA Premier, United Healthcare, Optima, BC/BS

Serves: Children through Adults

Phone: 540-738-7720

Location: Culpeper, Fauquier, Rappahannock

Behavior Innovations

abatherapy.me

Services: ABA therapy, in-home and clinic-based

Insurance: Medicaid, Anthem, Kaiser, Cigna, Optum, and United Health

Serves: Children ages 2 to 21

Phone: 540-755-2937

Location: Fredericksburg, Woodbridge

Blooming Minds

bloomingmindsva.com

Services: Help children develop fulfilling friendships and navigate behavioral challenges in any environment. We work with a diverse range of clients, including those with speech-language delays, fine/gross motor delays, cognitive delays, ADHD/ADD, autism spectrum disorders (ASD), and developmental delays.

Insurance: Self pay. (Social skills group is \$35/hour. Private 1:1 ABA therapy is \$40/hour and parent coaching is \$50/hour).

Serves: Children and Teens ages 3 to 17

Phone: 703-328-6755

Location: Warrenton

Children's National DC

childrensnational.org/get-care/departments/autism-evaluation-and-support-services

Services: Development and implementation of IEP, treatment and support services, individual therapy, family therapy, group therapy, brief consultations, and psychiatric services.

Insurance: Anthem HK Plus through VA otherwise only MD Medicaid products. Aetna, CareFirst, Blue Cross/Blue Shield, Anthem, Optima, Optum, United Healthcare.

Serves: Children (15 mos+), Adolescents

Phone: 301-765-5430

Location: Washington, DC

Compass Counseling

compassva.com/location/culpeper/

Services: Comprehensive home and clinic-based ABA, neuropsychological testing and parent supports.

Insurance: Virginia Medicaid Plans including: Aetna Better Health of VA, Anthem HealthKeepers Plus, Molina Complete Care, Optima Health, UHC Community Plan, Virginia Premier, VA Medicaid (no MCO). Private pay includes: Anthem, Aetna, Optima, Tricare.

Serves: Children and youth ages 18 mos through 18 years

Phone: 540-212-9222

Location: Culpeper

Dower & Associates

dowerandassociates.com/

Services: Assessment and treatment using ABA and the clinical application of procedures for language acquisition, based on B.F. Skinner's natural science approach to teaching verbal behavior.

Insurance: Self pay

Serves: Children, Adolescents, Adults

Phone: 703-618-6180

Location: Aldie

Family Insight PC

familyinsight.net

Services: ABA therapy in-home and clinic-based

Insurance: Medicaid, Anthem, Blue Cross/Blue Shield, Optima, Federal Anthem, ChampVA, United Healthcare

Serves: Children under age 21

Phone: 571-208-0592

Location: Manassas

Functional Behavior Interventions for All

fbi4all.hi5aba.com/

Services: ABA therapy, IEP development, and advocacy.

Insurance: Medicaid, Cigna, United Healthcare, Tricare, Optima

Serves: Youth under age 21

Phone: 540-618-1735

Location: Fauquier, Culpeper, Stafford

Leap Ahead, Inc.

leapahead.org/

Services: ABA and VB therapy, assists with IEP development and advocacy, speech therapy, occupational therapy, sensory desensitization, and life skills training.

Insurance: Kaiser Permanente, Aetna, & Anthem Blue Cross Blue Shield

Serves: Children 18 months through 11 years

Phone: 703-392-6166

Location: Manassas

Purple Willow Behavioral Health

purplewillowbehavioralhealth.com/

Services: ABA therapy, in-home therapy, behavior therapy and intervention plans, social groups, caregiver coaching, and school consults.

Insurance: Aetna, Anthem Blue Cross Blue Shield, CareFirst BlueCross BlueShield, Cigna, Virginia Medicaid

Serves: Children and Families

Phone: 703-623-5471

Location: Fauquier, Loudoun, Prince William, and Fairfax counties

What is Applied Behavior Analysis?

Applied Behavior Analysis (ABA) is a therapy based on the science of learning and behavior.

Behavior analysis helps us to understand:

- How behavior works
- How behavior is affected by the environment
- How learning takes place

ABA therapy applies our understanding of how behavior works to real situations. The goal is to increase behaviors that are helpful and decrease behaviors that are harmful or affect learning.

ABA therapy programs can help:

- Increase language and communication skills
- Improve attention, focus, social skills, memory, and academics
- Decrease problem behaviors

The methods of behavior analysis have been used and studied for decades. They have helped many kinds of learners gain different skills – from healthier lifestyles to learning a new language.

Therapists have used ABA to help children with autism and related developmental disorders since the 1960s.

Source: Autism Speaks

Resource Support

Autism Response Team

autismspeaks.org/autism-response-team-art

Services: Information line for the autism community. Team members are specially trained to provide personalized information and resources to people with autism and their families. Live chat, email, and Spanish line also available.

Serves: Families

Phone: 1-888-AUTISM2 (1-888-288-4762)

Location: Nationwide

The Arc of North Central Virginia

arcofncv.org/

Services: Resources designed to assist families and professionals in navigating the systems of support, as well as build community acceptance and awareness. The Arc@Home, Community of Self-Advocates, and local events promote social interaction with peers.

Serves: Children, Adults, Young Adults, Families

Phone: 571-399-5390

Location: Culpeper, Fauquier, Madison, Orange, and Rappahannock counties